

# NEWSLETTER

## Message from the Editors

Dear Graduates,

We are happy to present you with the Second Edition of our UMed *Newsletter* and we would like you to meet us. At the Administrative Center for Studies in English, we are in charge of admission, accreditation, general well being of the UMed international students and we are the editors of this *Newsletter*.

Hope you have a good read through the articles especially: our report from the Inauguration of the 2021/2022 Academic Year and about prestigious HR award for UMed. We also recommend paying attention to a story of our Graduate and at the same time we ask you to send your stories to us!



Ms. Katarzyna Uden & Ms. Magdalena Gawrysiak

*As 2021 is coming to an end, we would like to send you warm wishes all the way from snowy & frosty Poland and wish you all a very Happy and Successful NEW YEAR 2022!*

## Alumni Stories

Dear Graduates,

All of you spent a few years of your life at our University. After graduation some of you came back to your home countries, some chose a new place to live, but all of you began walking a new path. We would love to hear about this new chapter of your lives and professional careers. Please email your story (maximum 10 sentences) and photo to: [mul.alumni@umed.lodz.pl](mailto:mul.alumni@umed.lodz.pl), if you want to catch up and share your journey with others like you.

Today we would like to share with you a story of

### **Jaclyn Bala (MD, PGY-2 Psychiatry Resident)**

who graduated the UMED English Division 4-year MD programme in 2019.



*Dr. Jaclyn Bala is in her second year of psychiatry residency in Pittsburgh, Pennsylvania, USA. While rotating at Barlicki Hospital in Lodz, she developed an interest in forensic psychiatry, prompting her to take extra electives in psychiatry in her final year. She then prepared to enter the National Resident Match Program to begin her career as a psychiatrist in the United States. Despite some difficulty with the CBS exam, she was able to pass all USMLE Step exams on her first attempt. In March of 2020, she matched into her first-choice program at Allegheny General Hospital in Pittsburgh. With over 1300 applicants vying for just five residency spots, she was the only internationally trained student selected for the program. Currently, she is working in the psychiatric emergency room; next month, she will be the first resident to complete a rotation in Street Psychiatry. She was elected as Resident Representative for the Pennsylvania Psychiatric Society and recently won 2nd place in a city-wide resident research competition. After completing residency and fellowship training, she aspires to work on an inpatient psychiatric unit with a focus on forensic psychiatry.*

### INVITATION TO THE EIT HEALTH AGEING PHD SCHOOL

EIT Health Ageing PhD School is fueled by a pan-European collaboration of EIT Health Academic and Non-Academic partners to foster international and cross-sector training of a new generation of PhD specialists, to achieve solid Innovation and Entrepreneurship (I&E) competencies. One of the partners is the Medical University of Lodz.

The EIT Health Aging PhD School is aiming to train a new generation of specialists in cell biology, biomedicine, neuroscience, epidemiology and gerontology with solid innovation and entrepreneurship competencies. It stands on accredited PhD programmes. By integrating a robust EIT Health based-innovation and entrepreneurship training, multi-university portfolio of teaching in ageing, international mobility and co-mentorship of PhD thesis in universities, hospitals and companies, participants gain real-world experiences that facilitate holistic learning, all delivered through a broad network of top-level universities to guarantee excellence in education.

We are pleased to inform you about the new recruitment to the European Doctoral School "EIT Health Aging PhD School". Apply for the 2022-2025 edition before December 18! Applications to the EIT Health Aging Doctoral School can be submitted at: [EIT Health Ageing PhD School](https://eithealth.eu/degree-programmes)



Degrees

### EIT Health Ageing PhD School

**Apply Now** on [degree-programmes.eithealth.eu](https://degree-programmes.eithealth.eu)

Further information at [ehealth@uc.pt](mailto:ehealth@uc.pt)



### SURGICAL ROBOT TESTED BY SURGEONS IN BARLICKI HOSPITAL, LODZ

A programme of low invasive pancreatic and liver cancer surgery is successfully being operationalised in Clinical Ward of General Transplantation and Gastroenterological Surgery and Surgical Oncology in Norbert Barlicki University Hospital in Lodz.

Over two years ago, a team including Prof. Piotr Hogendorf, Prof. Adam Durczyński and Oliwia Grząsiak MD performed the first innovative laparoscopic liver surgery. Since then the centre has performed dozens of minimally invasive liver resections and has dynamically been developing new laparoscopic techniques. In June the team of surgeons: Prof. Piotr Hogendorf, Prof. Adam Durczyński and Aleksander Wardęszkiewicz, MD performed a laparoscopic resection of 5.5-cm tumour in liver segment.



'We perform an increasingly complicated and extensive resections. What inspires us to further scientific and surgical development of our centre is our collaboration with the Department of Surgery of the University in Heidelberg, one of the top centres of pancreatic surgery worldwide. We are also involved in the international register of pancreatic surgery within the framework of PANCREAS GROUP', adds Prof. Hogendorf.

**NEW ACADEMIC YEAR 2021/2022 INAUGURATION  
AT THE MEDICAL UNIVERSITY OF LODZ**

New academic year has been inaugurated at the Medical University of Lodz on 1st October 2021.

The ceremony was held at Aula 1000 of MUL Didactic Centre which, due to pandemic, hosted only the representatives of doctoral students, first-year students as well as the representatives of academic and administrative staff.



During the ceremony, state and university decorations were presented to distinguished employees of the University. Freshmen year and PhD students took the formal university oath which was followed by the matriculation ceremony.

In his inauguration speech, Prof. Radziśław Kordek, Rector of the Medical University of Lodz, discussed current situation of our University and plans of its further development.

As usual, the ceremony was exquisitely complemented with a performance by the University Choir, led by Prof. Anna Domańska.



**The whole ceremony you can watch on MUL's YT channel:**

<https://youtu.be/3j-TK0gs3xU>

## „MASKONUR“: ENVIRONMENT-FRIENDLY SOLUTION FOR FACE MASKS WASTE

A few months ago, Maskonur (a puffin) made its debut as a special litter bin for disposable face masks. The container has been designed to enable separating the elastic bands from the masks and facilitate waste sorting.

Maskonur Team at MUL includes: Jarosław Kowalewski, Agnieszka Rzeźnik, Mateusz Dworak, Marcin Ciszewski, PhD, prof. Ania Garus-Pakowska and Paweł Rasmus, PhD.

The solution was created in collaboration with the Centre for Innovation and Technology Transfer of the Medical University of Lodz and the containers are produced by ALDA Poland Sp. z o.o. and Packaging Recovery Organisation Rekopol S.A.



## HR EXCELLENCE IN RESEARCH AWARD FOR UMED

In 2019 the Medical University of Lodz received a prestigious award: *HR Excellence in Research*, the title awarded by the European Commission to R&D institutions which follow the principles set out in the European Charter of Researchers and Code of Conduct for the Recruitment of Researchers, thereby creating favourable working conditions and transparent recruitment for researchers. Institutions that have been awarded the right to use the icon, can use it to highlight their commitment to implement fair and transparent recruitment and appraisal procedures for researchers. They are promoted by the European Commission among the international institutions and researchers as attractive employers providing excellent working and development conditions. The right to use the HR icon entails a continual effort which undergoes a regular assessment of the implementation and compliance with the Charter and Code principles. The assessment is made by foreign experts appointed by the European Commission and whether the institution can continue holding HR icon is contingent on the results of regular evaluation every two years. Since the Medical University of Lodz has obtained the HR Logo two years ago, preparation for the renewal of the project and obtaining the award once more is one of our main goals at the moment.



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## FROM SCIENTISTS TO INNOVATORS FOR INDUSTRY / SCIFI

From Scientists to Innovators for Industry/ SciFi – a new blended learning programme offered by Medical University of Lodz and EIT Health – is a 3-month blended-learning programme consisting of online modules (with seven basic modules and three industry specific modules), webinars, mentoring sessions and rounded off by three events (kick-off, mid programme and final event). All activities organised in cooperation with the best Universities and industrial Partners from Europe.

EIT Health „From Scientists to Innovators for Industry / SCI FI” is a 3-month course intended for young researchers who are interested in career in industry or cooperation with industry within their scientific research. All the initiatives are organised in collaboration with the top universities (including Medical University of Lodz) and industry partners from Europe.

More info about the project on: <https://eithealth.eu/project/sci-fi-2021/>

