



Student's name and surname:

Student's ID number:

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**The program for summer vocational training for students of the 2<sup>nd</sup> year of the 6MD Program at the Faculty of Medicine of the Medical University of Lodz**

**I. Vocational training organization**

1. Summer training is obligatory, lasts for 4 weeks (120 hours) and includes:
  - training in an outpatient clinic in the field of **Family Medicine (90 hours)**;
  - training in the field of **Emergency Aid (30 hours)**.
2. The student should work 6-hour duties for all shifts; the number of night duties cannot be more than three per week.
3. The training must be conducted according to the program presented below.
4. The training must be credited with a grade.
5. **Credit with a grade, confirmed by the head of the clinic or other authorized person, will be recorded in the SUMMER TRAINING CHART on the basis of the student's attendance and skills acquired.**
6. Student absence during the program may only be justified by a medical certificate. Illness longer than 1 week will result in the program being extended by an appropriate period.
7. Upon the completion of the training, the Summer Training Chart must be sent or delivered directly to the Dean's Office to the address provided in the footer before the end of the summer retake session.

**II. Vocational training program in the field of FAMILY MEDICINE**

**Acquaintance with:**

- the scope of activities of a primary care physician (POZ),
- the process of care for a sick and a healthy patient within POZ, including preventive measures,
- the process of coordinated provision of health services by POZ staff (doctor, nurse, midwife, coordinator),
- principles of referring patients to specialist care, hospital and rehabilitation treatment.

**Learning outcomes**

**1. After the training completion, the student:**

- knows the scope of activities of a primary health care physician,
- knows the rules of prevention and care for an adult and a child (vaccination calendar, balance sheets, patronage),
- understands the importance of verbal and non-verbal communication in the process of communicating with patients and the concept of trust,
- understands the functioning of medical institutions and the social role of a physician,
- understands the role of the family in the treatment process,
- knows the principles of motivating patients towards pro-health behaviors and informing about unfavorable prognosis,
- knows the rules of observing the doctor-patient confidentiality, keeping medical records, criminal, civil and professional liability of a physician and observes them during the training,
- knows the principles of health promotion, its tasks and main guidelines, with particular emphasis on the knowledge of the role of the elements of a healthy lifestyle,
- knows the rules of nutrition for healthy and sick children / adults, including natural feeding, preventive vaccinations and keeping a child's health balance, and follows their implementation in the daily practice of a family doctor,
- knows the course and symptoms of the aging process and the principles of comprehensive geriatric assessment and interdisciplinary care of an elderly patient
- knows the causes and basic differences of most common diseases of the elderly and the rules of conduct in basic geriatric syndromes.

**2. Under supervision, the student is able to:**

- conduct a conversation and an interview with an adult patient, a child and a family using the technique of active listening and expressing empathy, as well as talk with the patient about their life situation,
- provide advice on compliance with therapeutic recommendations and a healthy lifestyle,
- conduct a full and targeted physical examination of an adult patient and of a child of any age,
- conduct a balance examination,



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- in the process of therapeutic procedure take into account the patient's subjective needs and expectations resulting from socio-cultural conditions,
- recognize the signs of anti-health and self-destructive behavior and properly respond to them,
- choose a treatment that minimizes the social consequences for the patient,
- build an atmosphere of trust throughout the diagnostic and treatment process,
- qualify the patient for home and hospital treatment,
- plan specialist consultations,
- interpret laboratory tests and identify causes of deviations,
- qualify the patient for vaccinations,
- keep the patient's medical records.

3. The student acquires basic competences in the following areas:

- establishing and maintaining a deep and respectful contact with the patient, as well as showing understanding for the worldview and cultural differences;
- being guided by the best interests of the patient;
- observing the doctor-patient confidentiality and patient's rights;
- taking care of the patient based on ethical principles, with the awareness of social conditions and limitations resulting from the disease;
- promoting pro-health behavior;
- the ability to recognize their own limitations and constant training.

I certify the completion of summer vocational training in outpatient clinic in the field of FAMILY MEDICINE according to the program presented above in

..... (Name of the clinic, address, city, country)

in the period from.....to....., number of hours ....., (dd/mm/yyyy) (dd/mm/yyyy)

grade \*.....

..... (Clinic stamp)

..... (Signature and personal stamp)

\* the grade must be awarded according to the following grading system: 5.0 - excellent, 4.5 - very good, 4.0 - good, 3.5 - satisfactory, 3.0 - sufficient, 2.0 - failed

III. Vocational training program in the field of EMERGENCY AID

Acquaintance with:

- the specificity of work in the Hospital Emergency Department (SOR),
- the rules of performing TRIAGE in patients reporting to the SOR,
- basic and advanced life-saving treatments.

Learning outcomes

1. After the training completion, the student:

- has acquired practical knowledge of the initial patient assessment,
- knows the rules of performing TRIAGE,
- knows the medical procedures performed in the SOR,
- knows the diagnostic and therapeutic methods appropriate for specific diseases,
- knows the indications and rules of intensive therapy,



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- knows the current guidelines for cardiopulmonary resuscitation in newborns, children and adults,
- knows the principles of operation of the integrated system of state medical rescue.

2. Under supervision, the student is able to:

- perform a TRIAGE,
- perform basic and advanced life-saving procedures,
- identify medical problems and define medical treatment priorities,
- recognize life-threatening conditions requiring immediate medical intervention,
- plan the diagnostic procedure and interpret its results,
- implement appropriate and safe therapeutic procedure and predict its effects,
- perform basic life support procedures with the use of an automatic external defibrillator and other emergency procedures, and provide first aid,
- operate in accordance with the current algorithm of advanced life support,
- assess the condition of an unconscious patient in accordance with the applicable international point scales.

3. The student acquires basic competences in the following areas:

- establishing and maintaining a deep and respectful contact with the patient, as well as showing understanding for the worldview and cultural differences;
- being guided by the best interests of the patient;
- observing the doctor-patient confidentiality and patient's rights;
- taking care of the patient based on ethical principles, with the awareness of social conditions and limitations resulting from the disease;
- promoting pro-health behavior;
- the ability to recognize their own limitations and constant training.

I certify the completion of summer vocational training in the field of EMERGENCY AID according to the program presented above in

(Name of the clinic, address, city, country)

in the period from...to..., number of hours ...

grade \*

(Clinic stamp)

(Signature and personal stamp)

\* the grade must be awarded according to the following grading system:

5.0 - excellent, 4.5 - very good, 4.0 - good, 3.5 - satisfactory, 3.0 - sufficient, 2.0 - failed

\*\*TO BE FILLED BY THE DEAN'S OFFICE\*\*

I hereby credit the Summer Training completion
Number of ECTS points obtained:
FAMILY MEDICINE - 3 points, EMERGENCY AID - 1 point

(Dean's stamp and signature)

Student's name and surname:

Student's ID number:

**Practice provider evaluation survey**

Student (Name, student ID number).....

Practice location:

.....  
.....

1. Practice Supervisor

Showed interest in the trainee, explained, showed, engaged the trainee in working with the patient

1	2	3	4	5
definitely not	rather not	averagely	rather yes	definitely yes

2. Practices allowed to develop practical skills

1	2	3	4	5
definitely not	rather not	averagely	rather yes	definitely yes

3. Practice site worth recommending

1	2	3	4	5
definitely not	rather not	averagely	rather yes	definitely yes

4. Own remarks regarding the place of practice/practice supervisor:

.....  
.....  
.....

Student's signature.....