**HEALTH INSUNRANCE IN LODZ AND ACCESS TO GP DOCTOR**

🌟 **Important! What you have to do?**

* 🏥 **Verify Your Health Insurance Coverage**

Check if your health insurance covers stationary appointments with a family medicine doctor.

* 📝 **Register with a Family Medicine Clinic (POZ)**  
  If you are not already registered, sign up with a family medicine clinic (POZ) to ensure quick access to a GP in Lodz.

Please be informed that as a student you need to have a health insurance.

For the time of your studies, your residency address is in Lodz. That is why your general health provider should also be in Lodz. Each one of you should be assigned to the GP doctor (a family medicine specialist) in one of the stationary clinics in Lodz – *poradnia POZ* (the list of sample clinics is published below).

**FAMILY MEDICINE CLINICS (Poradnie POZ) (nearby student’s campuses)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Area** | **Clinic name (POZ type)** | **Address** | **Contact data** | **Additional information** |
| Lumumbowo | Vitaplus | ul. Lumumby 14, Łódź | 42 678 18 08 |  |
| Lumumbowo/ City-Center | SALVE | ul. Struga 3;  ul. Pomorska 75; | 42 254 64 59  https://salve.pl/wizyty-lekarskie/poradnie-poz | Mon-Fri 7:00 - 20:30  Sat 7:00 - 18:00  Sun 9:00 - 15:00 |
| City-Center | Centrum Medicover - private clinic (not covered by NFZ insurance) | Al. Piłsudskiego 3 90-368 Łódź  Pomorska 106 91-402 Łódź | 500 900 500  <https://www.medicover.pl/en/> | Al. Piłsudskiego 390-368 Łódź  Mon-Fri 7:00 - 20:00  Sat 8:00 - 14:00  Pomorska 10691-402 Łódź  Mon-Fri 7:00 - 20:00  Sat 8:00 - 14:00 |
| Wróblewskiego area | PoliCLinic POZ | Al. Politechniki 10  Building B12 | <https://policlinic.lodz.pl/kontakt/>  rejestracja@policlinic.lodz.pl  ul. Wólczańska 215  459 595 350 | Mon-Fri 8:30-18:30 |
| Wróblewskiego area | ADAMED | Al. Politechniki 5, (near ‘Sukcesja’ shopping mall and the over street passage; the clinic is situated on the ground floor of the student dormitory) | 42 636 84 62 |  |
| Hallera area | JUTRO MEDICAL | Żeligowskiego 46 | +48 422050263  [kontakt@jutromedical.com](mailto:kontakt@jutromedical.com) | Mon - Fri 08:00 - 18:00  On line  Mon - Sun 09:00 - 18:00 |